



Leaf Mulch Application & Reflection Worksheet

A simple guide to applying fall leaves as mulch and reflecting on the deeper lessons of the season.

1. Leaf Mulch Application Checklist

- Gather dry leaves (oak, maple, ash, elm, sycamore are best).
- Shred with mower or leaf shredder if possible.
- Avoid black walnut, eucalyptus, camphor, or chemically treated leaves.
- Apply 2–3 inches in vegetable beds, 4–6 inches for perennials.
- Keep mulch 2 inches away from stems or crowns.
- For pathways, spread 3–4 inches of whole leaves.
- Water lightly after spreading to help settle the mulch.
- Store extra dry leaves in breathable bags for later use.

2. Garden Observation Log

Use this space to note how your mulch is working:

Date | Area Mulched | Thickness Applied | Observations (moisture, pests, decomposition)

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

3. Troubleshooting Notes

Matting Issues: _____ Pests Observed: _____

Moisture Concerns: _____

4. Reflection Prompt

“What in my life is ready to be released—like leaves falling—so that it can break down into nourishment for something new?”

