

# Quick Fall Root Crops Planting Guide

Fall is the perfect time to tuck in fast-growing root crops for a final harvest before winter. This guide includes planting depths, spacing, timelines, and zone-specific sowing windows, along with a reflection and journal prompt.

## Planting Chart by Crop

Crop	Planting Depth	Spacing	Days to Harvest
Radishes	¼ inch	1 inch apart in rows 6–8 inches apart	25–35 days
Turnips	½ inch	2–3 inches apart in rows 12 inches apart	30–50 days
Carrots	¼ inch	1–2 inches apart in rows 12 inches apart	50–70 days
Beets	½ inch	2–3 inches apart in rows 12 inches apart	45–60 days
Daikon Radish	½ inch	3–4 inches apart in rows 12–18 inches apart	50–60 days

## Zone-Specific Sowing Windows

- Zones 9–10: Sow root crops into late fall; mild winters allow near year-round planting.
- Zones 7–8: Sow in September–October for fall harvest; extend with row covers.
- Zones 5–6: Sow in late August–early September; protect with mulch or cold frames.
- Zones 3–4: Sow in August; extend harvests with tunnels or cold frames.

## Tips for Success

- Keep soil consistently moist during germination for strong sprouting.
- Thin seedlings when 2–3 inches tall to prevent overcrowding.
- Mix radish seeds with carrots to mark rows and loosen soil.
- Harvest on time—overmature roots can become woody or split.
- Mulch lightly to conserve moisture and insulate soil as temperatures cool.



## Reflection

Fall root crops remind us that growth is possible even in the final stretch of the season. They echo the truth that God often brings sweetness in unexpected times.

## Journal Prompt

What hidden roots are forming in my life right now—quiet, unseen, but preparing to nourish me in the next season?

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